

POST-TREATMENT INSTRUCTIONS:

OptiLight (IPL) / OptiPLUS  (RF)
BY LUMENIS

- 👁️ Wear sunscreen daily
 - 💧 Avoid excessive sun exposure
- 👁️ Warm compresses daily
- 👁️ Preservative-free artificial tears as needed
- 👁️ Oral Omega-3 fish oils daily
 - 💧 1000-2000mg / over the counter
- 👁️ Medication
 - 💧 Xiidra / Restasis / Cequa - 2x daily
 - 💧 Miebo - 4x daily
 - 💧 Tyrvaya - 2x daily
- 👁️ Other



**Remember to
hydrate well and
avoid caffeine
2-3 days prior to
your OptiPLUS
treatment.**

WE'RE HERE WHEN YOU NEED US!